



Anger Management Intervention 2026

- ♦ For individuals 18 or older who have a desire to better control their anger
- ♦ Mondays from 5:30—7:00pm for 6 weeks at the Chardon office (209 Center St)
 - January 5th – February 16th (skip January 19th due to MLK Day)**
 - March 9th-April 13th**
 - April 27th – June 8th (skip May 25th due to Memorial Day)**
 - June 29th – August 3rd**
 - August 24th – October 5th (skip September 7th Labor Day)**
 - October 26th – November 30th**
- Cost—\$60 for the 6 week session
- ♦ This class is **not** a replacement for anger management therapy.
- ♦ May be used to fulfill requirements* of:
 - criminal justice system
 - employer
 - school
 - other agency or professional
 - or may be self-referred

* It is the individual's responsibility to ensure that this class meets the requirements of their referral source.

For more information, visit our website at www.lgrc.us/services/anger-management-intervention.com or call **440-255-0678**

