# Annual Report 2022







#### Hope Starts Here - Annual Report 2022

Welcome to our annual report. As we look back over the past fiscal year, we want to continue our emphasis on the positives, the accomplishments and the celebrations. We all know too well the many negative influences and uncertainties that have persisted... the lingering effects of COVID, a never before seen milestone in the number of fatal drug overdoses in one year, social and political unrest, and the labor crisis... where have all the people gone?

Despite this backdrop of struggles and challenges, everyone at Lake-Geauga Recovery Centers has been hard at work, remaining true to our core values: client- centered, community oriented and excellence. As this guided our efforts, and with the support of our Board of Directors, donors, funders, and many stakeholders, each day we experienced the heartwarming pleasure of watching someone begin their journey in recovery, a family restored, a life saved.

I'd like to thank all of our community partners who support us in doing the work we are all so very passionate about, and for being a part of our 2022 accomplishments:

- Opened a new 16-bed men's Residential Treatment Facility
- Repurposed another facility which expanded capacity for pregnant woman with substance use disorders and their dependent children
- Celebrated the birth of our 31st drug free baby
- Opened Lake County's first recovery house for women with children

I invite you to get involved and support the life-changing programs and services here at Lake-Geauga Recovery Centers by visiting us online at <a href="mailto:lgrc.us/services/">lgrc.us/services/</a>

Melanie Blasko President & CEO



#### **Mission Statement**

To promote lifelong recovery from addiction through education, prevention, and treatment regardless of ability to pay.

#### Vision Statement

Lake-Geauga Recovery Centers aspires to provide premier behavioral healthcare services. We strive for excellence through proven practices and for leadership in partnering with community organizations to work towards an addiction-free society.

# Who we are.

#### **Core Values Statement**

These five core values serve as the principles that guide our intentions and our actions.

#### **♦ Client-Centered** By this we mean...

Clients' needs are our first responsibility.

We nurture, inspire, and motivate—respectfully and unconditionally—our clients to reach their full potential.

We are committed to clients' confidentiality and anonymity.

#### **♦ Community-Oriented** By this we mean...

We believe the pursuit of our mission is enhanced by educating the community regarding our clients' needs and our services.

We seek to be "good neighbors" by strengthening the welfare of the communities in which we serve.

We work collaboratively with other organizations to meet the needs of our clients and the community.

#### **♦ Compassion** By this we mean...

We recognize and appreciate the dignity of each individual.

We treat people with fairness and respect.

We create a caring, supportive environment in which people can change their lives.

#### **♦ Excellence** By this we mean...

We embrace the 12-Steps as a core component of our treatment philosophy.

We strive to achieve the highest standards of performance, care, and quality outcomes.

We are dedicated to advancing state-of-the-art prevention and treatment of addictive diseases.

#### **♦ Integrity** By this we mean...

We are guided by objectivity, honesty and ethical conduct.

We are committed to our mission and hold ourselves accountable to the highest personal and professional standards.

We value wise and efficient use of resources in providing superior services.

We are committed to excellent stewardship of the confidence that our clients and the community invest in us.





Out of the mountain of despair, a stone of hope.

- Martin Luther King, Jr.

#### Helping Lake & Geauga County Residents Get Their Lives Back Together

Since its beginning in 1971 Lake-Geauga Recovery Centers has earned a solid reputation for its effective outpatient and residential treatment programs addressing substance use disorders. Working closely with the community and social services agencies, our clients have achieved a success rate significantly higher than the national average for long-term sobriety.

At every level, from prevention to residential treatment, we offer a message of hope. Our licensed, trained professionals provide support, education, and counseling to individuals, families, businesses, other service providers and the community at large.

Our goal for treatment services is to help individuals and their families achieve long-term recovery and an improved quality of life.

1,314

New Clients Admitted to All Programs and Services

824

**Outpatient Services** 

255
Residential Treatment

64

Mike Link Driver Intervention Program

41

Geauga Jail Treatment Program

**50** 

**Recovery Housing** 



# Programs and services

#### Prevention Services

- Speakers Bureau
- Alcohol, tobacco and other drug prevention and education programs
- Drug Free Safety Program
- Community Coalitions and Community Based Tobacco Prevention Programs

#### Mike Link Driver Intervention Program

State-certified 72-hour driver intervention program for first time DUI offenders

#### Drug-Free Workplace Services

Helps employers achieve safe, drug free work environments and cost-saving benefits

#### Outpatient Treatment Services

- Assessments
- Drug Testing
- Individual Counseling
- Group Counseling
- · Dual Diagnosis
- Family Group
- · Medication Assisted Treatment
- Video Therapy
- Geauga Jail Treatment Program

#### Recovery Housing

For individuals seeking a safe, sober living environment following completion of primary treatment

#### **₹** Tobacco Cessation

One-on-one tobacco cessation counseling services with independently licensed therapists

#### Residential Treatment Services

- Oak House is a 16-bed treatment facility for women
- · Lake House is a 16-bed treatment facility for men
- Nevaeh Ridge for pregnant women and women with children ages 5 and under
- Concord Pines is a new 16-bed treatment facility for men

#### Education Program

Provides education and increased awareness with respect to substance abuse and dependency

#### Family Program

Open to spouses, partners, parents, siblings and other relatives and friends

#### Problem Gambling Services

- · Education and outreach
- Sessions available at Lake-Geauga Recovery Center offices or on site at your location
- Gambling Treatment

#### Medication Assisted Treatment

Helps individuals manage opiate addiction

#### Ambulatory Detox

Non-narcotic management of opiate withdrawal

#### Grief Support Group

Support group open to the community

#### Anger Management Intervention

6-week Anger Management Intervention class

# Accomplishments and outcomes

((,))

*I have been attending the* family awareness group for quite some time now. The group is amazing because I am able to discuss and learn from other people's experiences and to know that I am not alone in my feelings and I have a safe place to share my feelings with people that truly understand. The group has helped me to understand and learn about addiction and how to help myself be able to free myself from some of the many feelings of *loving an addict. I have* learned many positive ways to help myself to be able to cope with my loved one's addiction so I can be a happier and better person.

- Ann P.

During FY22 46% of women and 57% of men completed residential treatment and met all of the treatment milestones, exceeding the national average of 40-44%

One year after completing residential treatment, 50% of women and 55% of men were still sober and reported an improved quality of life (For those residents completing treatment in FY21)

In outpatient treatment, 85% of clients admitted to service met or partially met their treatment plan goals during treatment.

A one month follow-up with all clients admitted to our Intensive Outpatient Treatment programs revealed that approximately 98% of those contacted were sober at 1 month post treatment.

Welcomed our 31st drug-free baby born to residents at Oak House and Nevaeh Ridge

Repurposed another facility which expanded capacity for pregnant women with substance use disorders and their dependent children

Opened Lake County's first recovery house for women with children

Opened a new men's 16-bed residential treatment facility in Painesville.

Successfully completed our 6th CARF (Commission on Accreditation of Rehabilitation Facilities) accreditation site review, earning another three year accreditation.





# 2021 Finances

### 2021 Revenues: \$6.4 million



17.8% Lake ADAMHS Board

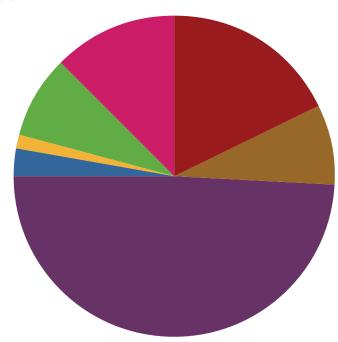
8.4% State Grants

**8.2%** Geauga MHRS Board

2.8% Fees & Insurance

1.2% United Way (Lake & Geauga County)

**12.4%** Other



## 2021 Expenses

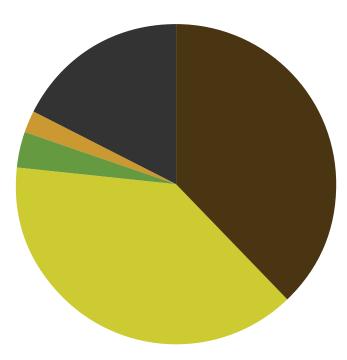
39.1% Residential Treatment

37.8% Outpatient Treatment

2.0% Education

3.6% Prevention

**17.5%** Other





#### Help Those on the Path of Recovery

A Planned Gift is a simple, but powerful way to invest in the future of Lake-Geauga Recovery Centers.

Remembering Lake-Geauga Recovery Centers in your will is a wonderful way for you to make a lasting gift. Large or small, your bequest will make an important contribution to our long-term strength and our ability to carry on with our important programs and services.

In addition to making a current outright gift (writing a check, transferring securities or signing a multi-year pledge), you can choose a planned gift and leave your legacy while helping Lake-Geauga Recovery Centers fulfill its mission for years to come. Please inform us of your bequest so we may recognize your philanthropy.

To learn more about leaving your legacy visit www.lgrc.us/planned-giving/ or contact John Keller, Chief Development Officer at 440-205-2671 or jkeller@lgrc.us.

#### Special Thanks

We Wish To Extend A Special Thanks To The Lake County Alcohol, Drug Addiction And Mental Health Services Board, The Geauga County Board Of Mental Health And Recovery Services, United Way Of Lake And Geauga Counties And The Ohio Mental Health And Addiction Services For Their Significant Collaborative And Financial Assistance.









Lake-Geauga Recovery Centers would like to recognize and thank our loyal Corporate Sponsors for their support of our annual Golf Outing.

#### **Presenting Sponsor**

Mercury Plastics LLC

#### **Platinum Sponsors**

Slabe Machine Products Millstone Management Group

#### **Gold Sponsors**

Griffin Technology Group Monreal Srnick Funeral Junction Auto Family & Cremations

#### **Silver Sponsors**

Marous Brothers Construction Polaris Engineering + Surveying
CresCor Gazette Newspapers
News-Herald ProVision Impressions

#### We Thank our Board of Directors

Comprised of volunteers who care deeply about the mission of Lake-Geauga Recovery Centers, our board members work diligently to ensure the legal and fiduciary responsibilities of the agency.

They are devoted champions of the work we do and strive to support and promote Lake-Geauga Recovery Centers at every turn. We honor and thank them for their unselfish dedication of time and talent to our agency.

Meredith Ashkettle Rhonda Butler Van Carson, Esq. Paul Daly Abby DelaMotte, Esq. Katy Franz, Esq. James Garrett Tom Leininger, MD Dale Lewis John Lewis

Irena Mazi

Dale Puruczky Blake Rear Arlie Spargur Donna Perrine Tom Tuttle



LAKE GEAUGA RECOVERY CENTERS
16-BED MEN'S RESIDENTIAL FACILITY



# The Future of Recovery Since 1971

# 2021 marks the 50th Anniversary of Lake-Geauga Recovery Centers

Over those 50 years, Lake-Geauga Recovery Centers has saved countless lives. Our five-year 50th Anniversary Capital Campaign is one of the most ambitious philanthropic efforts in our history, with a goal of \$2 million. Collectively, these funds will help Lake-Geauga Recovery Centers continue to lead in the area of providing recovery services by building a new 16-bed men's residential facility.

#### **Donations**



#### New Residential Space... Responding to the Need

To address the growing and changing needs of residential treatment services for men, Lake-Geauga Recovery Centers needs to construct a new, state of the art facility that will serve 16 men.

This new house will address the community demand, eliminate the wait time for this level of care and increase the organization's capacity to provide high quality and much needed residential treatment services to men.

This new treatment facility, utilizing evidence based practices, will provide the continuum of care to promote lifelong recovery for those with substance use disorders. Let's discuss how your involvement can make a great impact on transforming our organization into a bold and innovative place for prevention and recovery for the next 50 years.

Visit: www.lgrc.us/50-year-of-lake-geauga-recovery-centers Or call: 440-205-2671



## (440) 255-0678 (440) 255-6348 Fax info@LGRC.us www.LGRC.us

#### **MENTOR**

Outpatient and Administrative 9083 Mentor Avenue Mentor, OH 44060

#### **CHARDON**

Outpatient and Prevention 209 Center Street, Unit E Chardon, OH 44024

#### **PAINESVILLE**

Outpatient 134 S. St. Clair Street Painesville, OH 44077

#### **OAK HOUSE**

Women's Residential Treatment 800 Oak Street Painesville, OH 44077

#### **LAKE HOUSE**

Men's Residential Treatment 796 Oak Street Painesville, OH 44077

#### **NEVAEH RIDGE**

Women's Residential Treatment 7301 Ravenna Road Concord, OH 44077

#### **EIGHTY-FORTY-ONE**

Recovery House for Women 8041 Mentor Avenue Mentor, OH 44060

#### **CONCORD PINES**

Men's Residential Treatment 760 Oak Street Painesville, OH 44077

#### **WATER STREET**

Recovery House for Men 114 Water Street Chardon, OH 44024

#### **BILL HORVATH HOUSE**

Recovery House for Men 42 E. Jackson Stree Painesville, OH 44077

#### **NOWLEN MANOR**

Recovery House for Women 8441 Nowlen Street Mentor, OH 44060

#### **THE MEIGS**

Recovery House for Men 805 Meigs Avenue Painesville, OH 44077

#### **MARSH CREEK**

Recovery House for Women 9652 Old Johnnycake Ridge Road Mentor, OH 44060

#### **TWELVE MEADOWS**

Recovery House for Women 12700 Ravenna Road Chardon, OH 44024

