





# COMING FALL 2021

## Welcome to our FY2020 annual report.

Just mention of the year 2020 evokes an almost immediate reaction from most if not all of us...COVID-19, pandemic, social distancing, personal protective equipment...all things we will not soon forget once the pandemic is in our rear view mirror. Despite the challenges of 2020, we did not lose sight of our mission, or our core values which guided our actions every step of the way. Being an essential business, we were persistently focused on client access to services, and maintaining a safe environment for our clients and staff. Because of this, along with your continued support, we were able to pursue new initiatives and accomplish strong operational enhancements.

The external changes, particularly the stay at home orders brought on by COVID, resulted in very favorable operational changes – the swift and successful implementation of telehealth. Not only was this critical in continuing to provide services uninterrupted, telehealth was very positively received by clients and other stakeholders. Our clients also achieved amazing accomplishments this year as evidenced by a 15% increase in successful treatment completion, 15% increase in sustained recovery after 1 year, and the birth of our 25th drug free baby, two of which happened during the pandemic.

Throughout this report, you will read more about Lake-Geauga Recovery Centers' overall performance, exciting new initiatives, and the positive impact on individual's lives, their families and the community.

We'd like to recognized and thank those who have contributed to our on-going success and growth...our Board of Directors, our staff, donors and the numerous community stakeholders who believe in the work we do. Your support of our mission is vital in helping us to provide life-changing programs to the people we serve. Thank you for supporting Lake-Geauga Recovery Centers.

Melanie Blasko President & CEO

P.S. Coming in the fall of 2021, Lake-Geauga Recovery Centers will be constructing a new, state of the art facility to address the growing and changing needs of residential treatment services. This new house will address the community demand, eliminate the wait time for this level of care and increase the organization's capacity to provide high quality and much needed residential treatment services to men. I hope that you'll join us in supporting this capital campaign project!



#### **Mission Statement**

To promote lifelong recovery from addiction through education, prevention, and treatment regardless of ability to pay.

#### **Vision Statement**

Lake-Geauga Recovery Centers aspires to provide premier behavioral healthcare services. We strive for excellence through proven practices and for leadership in partnering with community organizations to work towards an addiction-free society.

#### **Core Values Statement**

These five core values serve as the principles that guide our intentions and our actions.

#### **Client-Centered**

#### By this we mean...

- Clients' needs are our first responsibility.
- We nurture, inspire, and motivate—respectfully and unconditionally—our clients to reach their full potential.
- We are committed to clients' confidentiality and anonymity.

#### **Community-Oriented** By this we mean...

- We believe the pursuit of our mission is enhanced by educating the community regarding our clients' needs and our services.
- We seek to be "good neighbors" by strengthening the welfare of the communities in which we serve.
- We work collaboratively with other organizations to meet the needs of our clients and the community.

#### Compassion

#### By this we mean...

- We recognize and appreciate the dignity of each individual.
- We treat people with fairness and respect.
- We create a caring, supportive environment in which people can change their lives.

#### Excellence

#### By this we mean...

- We embrace the 12-Steps as a core component of our treatment philosophy.
- We strive to achieve the highest standards of performance, care, and quality outcomes.
- We are dedicated to advancing state-of-the-art prevention and treatment of addictive diseases.

#### Integrity

#### By this we mean...

- We are guided by objectivity, honesty and ethical conduct.
- We are committed to our mission and hold ourselves accountable to the highest personal and professional standards.
- We value wise and efficient use of resources in providing superior services.
- We are committed to excellent stewardship of the confidence that our clients and the community invest in us.







The Meigs



## Twelve Meadows





# Helping Our Community

Since its beginning in 1971 Lake-Geauga Recovery Centers has earned a solid reputation for its effective outpatient and residential treatment programs addressing drug and alcohol abuse. Working closely with the community and social services agencies, our clients have achieved a success rate significantly higher than the national average for long-term sobriety.

At every level, from prevention to residential treatment, we offer a message of hope. Our licensed, trained professionals provide support, education, and counseling to individuals, families, businesses, other service providers and the community at large.

Our goal for treatment services is to help our consumers achieve long-term recovery and an improved quality of life.

How can I contribute to ending the opioid crisis and helping those suffering with addiction?

The first step is understanding that opioid use is a chronic but treatable brain disease, and not a moral failing or character flaw. Like many other chronic medical conditions, opioid use disorders is both treatable, and in many cases, preventable.

> - Jerome M. Adams, MD, MPH Surgeon General

Helping Lake & Geauga County Residents Get Their Lives Back Together

| New Clients Admitted to All Programs and Services | 1,556 |
|---|-------|
| Outpatient Services                               | 1,059 |
| Residential Treatment and Supportive Housing      | 225   |
| Mike Link Driver Intervention Program             | 46    |
| Geauga Jail Treatment Program                     | 81    |
| Recovery Housing                                  | 37    |

# **Programs and Services**

#### **Prevention Services**

- Speakers Bureau
- · Alcohol, tobacco and other drug prevention and education programs
- Drug Free Safety Program
- Community Coalitions and Community Based Tobacco Prevention
  Programs

#### **Residential Treatment Services**

- Oak House is a 16-bed treatment facility for women
- Lake House is a 16-bed treatment facility for men
- Nevaeh Ridge for pregnant women and women with children ages 5 and under

#### Mike Link Driver Intervention Program

• State-certified drive intervention program for first time DUI offenders

#### **Education Program**

 Provides education and increased awareness with respect to substance abuse and dependency

#### **Drug-Free Workplace Services**

 Helps employers achieve safe, drug free work environments and cost-saving benefits

#### **Family Program**

Open to spouses, partners, parents, siblings and other relatives and friends

#### **Outpatient Treatment Services**

- Assessments and Drug Testing
- Individual and group counseling
- Dual diagnosis
- Telehealth
- Gender specific treatment

#### **Problem Gambling Services**

- Education and outreach
- Sessions available at Lake-Geauga Recovery Center offices or on site at your location

#### **Recovery Housing**

 For individuals seeking a safe, sober living environment following completion of primary treatment

#### **Medication Assisted Treatment**

· Helps individuals manage opiate addiction

#### **Grief Support Group**

Support group open to the community

#### **Ambulatory Detox**

Non-narcotic management of opiate withdrawal



Lake-Geauga Recovery Centers



# Accomplishments & Outcomes

During FY20, 67% of women and 64% of men completed residential treatment and met all of the treatment milestones, exceeding the national average of 40-44%.

One year after completing residential treatment, 70% of women and 63% of men and were still sober and reported an improved quality of life. (For those residents completing treatment in FY19).

In outpatient treatment, 87% of clients admitted to service met or partially met their treatment plan goals during treatment.

A one month follow-up with all clients admitted to our Intensive Outpatient Treatment programs revealed that approximately 98% of those contacted were sober at 1 month post treatment.

Welcomed the 25th drug-free baby born to residents at Oak House and Nevaeh Ridge.

Introduced a Fitness/Wellness program at our residential treatment facilities.

Created a new Treatment Engagement Specialist position

Medication Assisted Treatment program expanded to include Suboxone.

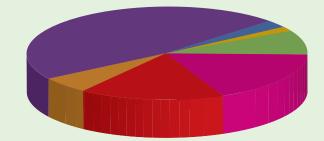
New Anger Management Intervention Class (prevention) in Chardon.

Tobacco Cessation Counseling/Nicotine Replacement Therapy for clients and general public.

Opened LGRC's 5th and 6th recovery houses, The Meigs and Twelve Meadows

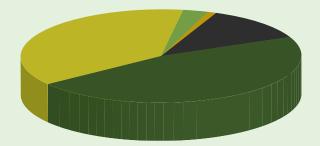
Expanded residential treatment services, opening Concord Pines for men.

2020 Revenues \$5,900,000



| <b>•</b> 16.6% | Lake ADAMHS Board                 |
|----------------|-----------------------------------|
| <b>5.8</b> %   | Geauga MHRS Board                 |
| • 47.3%        | Medicaid                          |
| • 2.5%         | Fees & Insurance                  |
| <b>1.6%</b>    | United Way (Lake & Geauga County) |
| 8.3%           | State Grants                      |
| <b>17.9</b> %  | Other                             |

# 2020 Expenses



|  | <b>46.5</b> % | <b>Outpatient Treatment</b> |
|--|---------------|-----------------------------|
|--|---------------|-----------------------------|

- 37.6% Residential Treatment
- 2.8% Prevention
- **1.0% Education**
- 12.1% Other

### LEAVE YOUR LEGACY - HELP THOSE ON THE PATH OF RECOVERY



A Planned Gift is a simple, but powerful way to invest in the future of Lake-Geauga Recovery Centers.

Remembering Lake-Geauga Recovery Centers in your will is a wonderful way for you to make a lasting gift. Large or small, your bequest will make an important contribution to our long-term strength and our ability to carry on with our important programs and services.

In addition to making a current outright gift (writing a check, transferring securities or signing a multi-year pledge), you can choose a planned gift and leave your legacy while helping Lake-Geauga Recovery Centers fulfill its mission for years to come.

Please inform us of your bequest so we may recognize your philanthropy.

To learn more about leaving your legacy visit www.lgrc.us/ planned-giving/ or contact John Keller, Chief Development Officer at 440-205-2671 or jkeller@lgrc.us.

# LAKE-GEAUGA RECOVERY CENTERS

MENTOR Outpatient and Administrative 9083 Mentor Avenue | Mentor, OH 44060

CHARDON Outpatient and Prevention 209 Center Street, Unit E | Chardon, OH 44024

PAINESVILLE Outpatient 134 S. St. Clair Street | Painesville, OH 44077

#### **OAK HOUSE**

Women's Residential Treatment 800 Oak Street | Painesville, OH 44077 (440) 255-0678 E-mail info@LGRC.us

LAKE HOUSE Men's Residential Treatment 796 Oak Street | Painesville, OH 44077

NEVAEH RIDGE Supportive Housing for Women 9652 Old Johnnycake Ridge Road | Mentor, OH 44060

> EIGHTY-FORTY-ONE Recovery House for Women 8041 Mentor Avenue | Mentor, OH 44060

#### WATER STREET

Recovery House for Men 114 Water Street | Chardon, OH 44024

#### LAKE-GEAUGA RECOVERY CENTERS WOULD LIKE TO RECOGNIZE AND THANK OUR LOYAL CORPORATE SPONSORS for their support of our annual

Golf Outing and Ride for Recovery fundraising events.

**PLATINUM SPONSOR** Slabe Machine Products GOLD SPONSOR Griffin Technology Group Medical Mutual Millstone Management Group SILVER SPONSORS Gazette Newspapers NewsHerald

NewsHerald ProVision Impressions

#### SPECIAL THANKS

We wish to extend a special thanks to the Lake County Alcohol, Drug Addiction and Mental Health Services Board, the Geauga County Board of Mental Health and Recovery Services, United Way of Lake and Geauga Counties and the Ohio Mental Health and Addiction Services for their significant collaborative and financial assistance.



#### WE THANK OUR BOARD OF DIRECTORS

Comprised of volunteers who care deeply about the mission of Lake-Geauga Recovery Centers, Inc. our board members work diligently to ensure the legal and fiduciary responsibilities of the agency.

They are devoted champions of the work we do and strive to support and promote Lake-Geauga Recovery Centers at every turn. We honor and thank them for their unselfish dedication of time and talent to our agency.

Meredith Ashkettle Bill Bieter Van Carson, Esq. Paul Daly Abby DelaMotte Katy Franz James Garrett Tom Leininger John Lewis Jane Monreal Dale Puruczky

Blake Rear Stephen Samples Arlie Spargur Joseph Spiccia Donna Perrine

Fax: (440) 255-6348 Website: www.LGRC.us

BILL HORVATH HOUSE Recovery House for Men 42 E. Jackson Street | Painesville, OH 44077

NOWLEN MANOR Recovery House for Women 8441 Nowlen Street | Mentor, OH 44060

THE MEIGS Recovery House for Men 805 Meigs Avenue | Painesville, OH 44077

**TWELVE MEADOWS** 

Recovery House for Women 12700 Ravenna Road | Chardon, OH 44024