

# Gaming, Gambling & Youth 101

## A Parent Guide

**What:** With all of the changes surrounding COVID, we are seeing more youth engaging in video and online gaming.

Join us to learn some of the basics about video gaming and how it can be accessed. We will also talk about what steps you can take to prevent unhealthy gaming habits and will discuss the newest research that takes a look at gambling activities within video and on-line gaming.

**Who:** This webinar is open to parents/caretakers or to anyone working with youth

**Cost:** FREE

**When:** Wednesday, December 9th, 2020 at  
12pm—1pm OR 5:30pm—6:30pm

To Register:

Contact Claire Spada at [cspada@lgrc.us](mailto:cspada@lgrc.us) or 440-205-2689

