# LAKE-GEAUGA 2017 RECOVERY CENTERS Annual Report



## **RECOVERY** The Journey Continues

#### 2017 Annual Report

#### **Mission Statement**

To promote lifelong recovery from addiction through education, prevention, and treatment regardless of ability to pay.

#### **Vision Statement**

Lake-Geauga Recovery Centers aspires to provide premier behavioral healthcare services. We strive for excellence through proven practices and for leadership in partnering with community organizations to work towards an addiction-free society.

#### **Core Values Statement**

These five core values serve as the principles that guide our intentions and our actions.

#### **Client-Centered**

#### By this we mean...

- Clients' needs are our first responsibility.
- We nurture, inspire, and motivate—respectfully and unconditionally—our clients to reach their full potential.
- We are committed to clients' confidentiality and anonymity.

#### **Community-Oriented** By this we mean..

- We believe the pursuit of our mission is enhanced by educating the community regarding our clients' needs and our services.
- We seek to be "good neighbors" by strengthening the welfare of the communities in which we serve.
- We work collaboratively with other organizations to meet the needs of our clients and the community.

#### Compassion

#### By this we mean...

- We recognize and appreciate the dignity of each individual.
- We treat people with fairness and respect.
- We create a caring, supportive environment in which people can change their lives.

#### Excellence

#### By this we mean...

- We embrace the 12-Steps as a core component of our treatment philosophy.
- We strive to achieve the highest standards of performance, care, and quality outcomes.
- We are dedicated to advancing state-of-the-art prevention and treatment of addictive diseases.

#### Integrity

#### By this we mean...

- We are guided by objectivity, honesty and ethical conduct.
- We are committed to our mission and hold ourselves accountable to the highest personal and professional standards.
- We value wise and efficient use of resources in providing superior services.
- We are committed to excellent stewardship of the confidence that our clients and the community invest in us.







The paintings on this page were created by individuals in our Residential Treatment Program. Each painting expresses a feeling or experience that represents a journey towards recovery. We hope you enjoy these unique images of personal expression and growth. Each one is truly worth, "a thousand words."



## Helping Our Community

Since its beginning in 1971 Lake-Geauga Recovery Centers has earned a solid reputation for its effective outpatient and residential treatment programs addressing alcohol and substance abuse. Working closely with the community and social services agencies, our clients have achieved a success rate significantly higher than the national average for long-term sobriety.

At every level, from prevention to residential treatment, we offer a message of hope. Our licensed, trained professionals provide support, education, and counseling to individuals, families, businesses, other service providers and the community at large.

Our goal for treatment services is to help our consumers achieve long-term recovery and an improved quality of life.

The beautiful journey of today can only begin when we learn to let go of yesterday.

- Steve Maraboli

#### Helping Lake & Geauga County Residents Get Their Lives Back Together

New Clients Admitted to All Programs and Services	1,999
Outpatient Services	1,307
Residential Treatment and Supportive Housing	146
Mike Link Driver Intervention Program	70
Geauga Jail Treatment Program	96

## **Programs and Services**

#### **Supportive Housing**

- Nevaeh Ridge for pregnant women and women with children
- Home-like atmosphere
- · Specialized and enhanced services for women with children

#### **Prevention Services**

- Speakers Bureau
- · Alcohol, tobacco and other drug prevention and education programs
- Drug Free Safety Program
- Community Coalitions and Community Based Tobacco Prevention
  Programs

#### **Residential Treatment Services**

- Oak House is a 16-bed treatment facility for women
- Lake House is a 16-bed treatment facility for men

#### **Mike Link Driver Intervention Program**

 State-certified driver intervention program held at Camp Burton in Geauga County

#### **Education Program**

 Provides education and increased awareness with respect to substance abuse and dependency

#### **Drug-Free Workplace Services**

Helps employers achieve long-range safety and cost-saving benefits

#### **Family Program**

 Open to spouses, partners, parents, siblings and other relatives and friends

#### Outpatient Treatment Services

- Assessments and Drug Testing
- Individual and group counseling
- Dual diagnosis
- Video therapy
- Gender specific treatment

#### Problem Gambling Services

- Education and outreach
- Sessions available at Lake-Geauga Recovery Center offices or on site at your location

#### **Recovery Housing**

 For individuals seeking a safe, sober living environment following completion of primary treatment

#### **Medication Assisted Treatment**

· Helps individuals manage opiate addiction

#### **Grief Support Group**

· Support group open to the community

#### **Ambulatory Detox**

Non-narcotic management of opiate withdrawal

#### **Hispanic Substance Abuse Services**

 Program in collaboration with Catholic Charities to help underserved Hispanic community



#### Lake-Geauga Recovery Centers



### Accomplishments & Outcomes

During FY17, 59% of women and 57% of men completed residential treatment and met all of the treatment milestones, exceeding the national average of 40-44%

One year after completing residential treatment, 55% of women and 50% of men were still sober and reported an improved quality of life (For those residents completing treatment in FY16)

In outpatient treatment, 80% of clients admitted to service met or partially met their treatment plan goals during treatment.

We welcomed the 14th drug-free baby born to residents at Oak House and Nevaeh Ridge

Implemented three new forensic programs to assist those in recovery from opiate addiction and involved in the criminal justice system

Purchased 9075 Mentor Ave to be remodeled and connected to the current Mentor office creating 3,751ft<sup>2</sup> of additional office space including a large conference room

Opened Bill Horvath House, a men's Recovery House in Painesville and Nowlen Manor, a women's Recovery House in Mentor 2017 Revenues \$4,500,000



<b>29.0</b> %	Lake ADAMHS Board
<b>8.1%</b>	Geauga MHRS Board
• 40.4%	Medicaid
<b>3.5</b> %	Fees & Insurance
• 3.6%	United Way (Lake & Geauga County)
<b>2.1%</b>	State Grants
<b>5.0</b> %	Capital Campaign
8.3%	Other

## 2017 Expenses



	<b>50.7</b> %	<b>Outpatient Treatment</b>
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- 35.0% Residential Treatment
- **3.9%** Prevention
- 1.3% Education
- 9.1% Other

## A Special Thank You!

We want to extend a very special thanks to donors, businesses, and volunteers for their support and commitment to our mission. The donation of time, talent and treasures is genuinely valued and appreciated.

#### SPECIAL THANKS

We wish to extend a special thanks to the Lake County Alcohol, Drug Addiction and Mental Health Services Board, the Geauga County Board of Mental Health and Recovery Services, United Way of Lake and Geauga Counties and the Ohio Mental Health and Addiction Services for their significant collaborative and financial assistance.



#### WE THANK OUR BOARD OF DIRECTORS

Comprised of volunteers who care deeply about the mission of Lake-Geauga Recovery Centers, Inc. our board members work diligently to ensure the legal and fiduciary responsibilities of the agency.

They are devoted champions of the work we do and strive to support and promote Lake-Geauga Recovery Centers at every turn. We honor and thank them for their unselfish dedication of time and talent to our agency.

- Meredith Ashkettle Patrick Brickman Van Carson Paul Daly Abby DelaMotte Jay Fairfield James Garrett Dan Laux Tom Leininger
- John Lewis Jane Monreal Dale Puruczky Blake Rear Mary Rycyna Tim Small Arlie Spargur Joseph Spiccia



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#### MENTOR

Outpatient and Administrative 9083 Mentor Avenue | Mentor, OH 44060

#### CHARDON

Outpatient and Prevention 209 Center Street, Unit E | Chardon, OH 44024

#### PAINESVILLE

Outpatient 134 S. St. Clair Street | Painesville, OH 44077 OAK HOUSE Women's Residential Treatment 800 Oak Street | Painesville, OH 44077

LAKE HOUSE Men's Residential Treatment 796 Oak Street | Painesville, OH 44077

**NEVAEH RIDGE** Supportive Housing for Women 9652 Old Johnnycake Ridge Road | Mentor, OH 44060 WATER STREET Recovery House for Men 114 Water Street | Chardon, OH 44024

BILL HORVATH HOUSE Recovery House for Men 42 E. Jackson Street | Painesville, OH 44077

NOWLEN MANOR Recovery House for Women 8441 Nowlen Street | Mentor, OH 44060

