

RECOVERY

The right direction

2016 Annual Report

A Word from our President and CEO

It was early 2011 when the seeds were first sown to build a new women's residential treatment facility. By March 2016 those seeds had grown into the beautiful 6400 sq ft. facility called Oak House. The former Oak House was repurposed to Lake House, underwent an extensive renovation and began serving as the new(er) men's residential treatment facility.

*"Determine that the thing
can and shall be done and
then...find the way"*
- Abraham Lincoln

The construction of Oak House and renovation of Lake House commenced an unprecedented period of growth at Lake-Geauga Recovery Centers which continues today. In November 2015 the agency opened Water Street, a men's Recovery House in Chardon. Also the Ohio Department of Mental Health and Addiction Services awarded the agency a grant to establish a women's recovery house in Lake County. But the growth was not restricted to simply bricks and mortar. It included programs as well.

The quote above by Abraham Lincoln aptly describes Lake-Geauga Recovery Centers and our determination when a need has been identified within the community to; "...find the way". For example in 2016 the agency, with support from the Lake County ADAMHS Board, collaborated with Catholic Charities to introduce Hispanic Recovery Services to help this underserved segment of our Lake County population.



The Medication Assisted Treatment (MAT) program was expanded when the agency hired a nurse practitioner marking a milestone for Lake-Geauga Recovery Centers which historically had been non-medical. This program helps individuals manage opiate addiction through medication, counseling and other support.

A grief support group was introduced for individuals and families who lost a loved one to overdose or addiction. Those who attend are assisted in navigating the

grieving process, provided encouragement and hope as they move forward in rebuilding their lives.

All this and much more was developing throughout the agency in FY2016. We served over 1970 new clients admitted to all program services and we celebrated the 13th baby born drug-free to residents at Oak House and Nevaeh Ridge.

The dedicated Board of Directors and the amazing staff I am fortunate to work with never shy away from challenges but rather they dig in and find ways to continue providing exceptional services to the individuals in our community who are seeking a life in sobriety. "Determine that the thing can and shall be done..." Lake-Geauga Recovery Centers will, "...find the way".

Melanie Blasko
President & CEO

Mission Statement

To promote lifelong recovery from addiction through education, prevention, and treatment regardless of ability to pay.

Vision Statement

Lake-Geauga Recovery Centers aspires to provide premier behavioral healthcare services. We strive for excellence through proven practices and for leadership in partnering with community organizations to work towards an addiction-free society.

Core Values Statement

These five core values serve as the principles that guide our intentions and our actions.

Client-Centered

By this we mean...

- Clients' needs are our first responsibility.
- We nurture, inspire, and motivate—respectfully and unconditionally—our clients to reach their full potential.
- We are committed to clients' confidentiality and anonymity.

Community-Oriented

By this we mean...

- We believe the pursuit of our mission is enhanced by educating the community regarding our clients' needs and our services.
- We seek to be "good neighbors" by strengthening the welfare of the communities in which we serve.
- We work collaboratively with other organizations to meet the needs of our clients and the community.

Compassion

By this we mean...

- We recognize and appreciate the dignity of each individual.
- We treat people with fairness and respect.
- We create a caring, supportive environment in which people can change their lives.

Excellence

By this we mean...

- We embrace the 12-Steps as a core component of our treatment philosophy.
- We strive to achieve the highest standards of performance, care, and quality outcomes.
- We are dedicated to advancing state-of-the-art prevention and treatment of addictive diseases.

Integrity

By this we mean...

- We are guided by objectivity, honesty and ethical conduct.
- We are committed to our mission and hold ourselves accountable to the highest personal and professional standards.
- We value wise and efficient use of resources in providing superior services.
- We are committed to excellent stewardship of the confidence that our clients and the community invest in us.

Helping Our Community

Since its beginning in 1971 Lake-Geauga Recovery Centers has earned a solid reputation for its effective outpatient and residential treatment programs addressing alcohol and substance abuse. Working closely with the community and social services agencies, our clients have achieved a success rate significantly higher than the national average for long-term sobriety.

At every level, from prevention to residential treatment, we offer a message of hope. Our licensed, trained professionals provide support, education, and counseling to individuals, families, businesses, other service providers and the community at large.

Our goal for treatment services is to help our consumers achieve long-term recovery and an improved quality of life.

Helping Lake & Geauga County Residents Get Their Lives Back Together

New Clients Admitted to All Programs and Services	1,973
Outpatient Services	1,282
Residential Treatment and Supportive Housing	130
Mike Link Driver Intervention Program	78
Geauga Jail Treatment Program	154



Programs and Services

Supportive Housing

- Nevaeh Ridge for pregnant women and women with children
- Home-like atmosphere
- Specialized and enhanced services for women with children

Prevention Services

- Speakers Bureau
- Alcohol, tobacco and other drug prevention and education programs
- Drug Free Safety Program
- Community Coalitions and Community Based Tobacco Prevention Programs

Residential Treatment Services

- Oak House is a 16-bed treatment facility for women
- Lake House is a 16-bed treatment facility for men

Mike Link Driver Intervention Program

- State-certified driver intervention program held at Camp Burton in Geauga County

Education Program

- Provides education and increased awareness with respect to substance abuse and dependency

Drug-Free Workplace Services

- Helps employers achieve long-range safety and cost-saving benefits

Family Program

- Open to spouses, partners, parents, siblings and other relatives and friends

Outpatient Treatment Services

- Assessments and Drug Testing
- Individual and group counseling
- Dual diagnosis
- Video therapy
- Gender specific treatment

Problem Gambling Services

- Education and outreach
- Sessions available at Lake-Geauga Recovery Center offices or on site at your location

Recovery Housing

- For individuals seeking a safe, sober living environment following completion of primary treatment

Medication Assisted Treatment

- Helps individuals manage opiate addiction

Grief Support Group

- Support group open to the community

Ambulatory Detox

- Non-narcotic management of opiate withdrawal

Hispanic Substance Abuse Services

- Program in collaboration with Catholic Charities to help underserved Hispanic community



Residential Treatment

Oak House



Lake House





In Their Own Words

Clients and families share thoughts about recovery in their own words...

“Thank you so much for allowing me to stay at the Oak House. Thank you for supporting me and believing in me. I am so grateful for all of the staff and you for helping me find a better life. Oak House saved my life and words can't express how blessed I am. Thank you!”

“I can't thank you enough for the concern, care and guidance given to my daughter. I see many positive changes in her and I thank God every day.”

“I know I'll never be able to fully repay you for the gift you gave me but I will continue to pass on the gift of the program to others as you do every day. I've been able to mend relationships with friends and family. I'm so grateful to Oak House. God bless you and thank you.”

“Since being at Oak House I have learned how to live in the moment and appreciate the small things in life. The staff and clients there helped me love and believe in myself, they kept me accountable and always extended a hand to help or a shoulder to cry on. Because of Oak House I am building a safe, sober and special relationship with my daughter that I never had before. Because of Oak House not only do I get the help to be sober, but I get to be a mom again.”

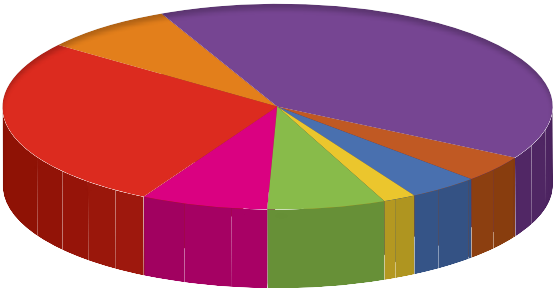


WORDS
HAVE
POWER

Financial Statements

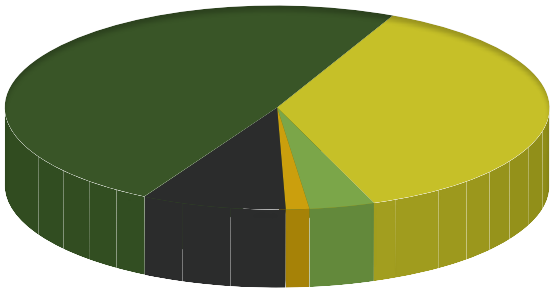
2016 Revenues

\$4,100,000.00



- 27.3% Lake ADAMHS Board
- 7.9% Geauga MHRS Board
- 40.2% Medicaid
- 4.2% Fees & Insurance
- 4.1% United Way (Lake & Geauga County)
- 2.0% State Grants
- 7.0 % Capital Campaign
- 7.3% Other

2016 Expenses



- 49.1% Outpatient Treatment
- 37.2% Residential Treatment
- 3.9% Prevention
- 1.4% Education
- 8.4% Other

Accomplishments & Outcomes

- Broke ground for the new Oak House in July 2015, completed in February and opened in March 2016
- During FY16, 62% of women and 59% of men completed residential treatment and met all of the treatment milestones, exceeding the national average of 40-44%
- One year after completing residential treatment, 62% of women and 64% of men were still sober and reported an improved quality of life (For those residents completing treatment in FY15)
- In outpatient treatment, 80% of clients admitted to service met or partially met their treatment plan goals during treatment
- We welcomed the 13th drug-free baby born to residents at Oak House and Nevaeh Ridge
- New Services begun in FY16 included:
 - Adult Prevention Services in Lake County
 - Grief Support Group
 - Latino Substance abuse services
 - Expanded staff to include a nurse practitioner
 - Introduced Medication Assisted Treatment
- Completed remodeling of "old" Oak House and repurposed as the "new" Lake House
- Opened Water Street, a men's Recovery House in Chardon
- Awarded a grant for \$67,995 from the Ohio Department of Mental Health and Addiction Services for a women's recovery house in Lake County. In addition the Lake County ADAMHS Board has committed \$30,000 for operating expenses for year 2 and year 3 for sustainability of the program
- Lake-Geauga Recovery Centers received the full three-year CARF accreditation following the rigorous, on-site review of our programs and services in November 2016



A Special Thank You!

We want to extend a very special thanks to donors, businesses, and volunteers for their support and commitment to our mission. The donation of time, talent and treasures is genuinely valued and appreciated.

WE THANK OUR BOARD OF DIRECTORS

Comprised of volunteers who care deeply about the mission of Lake-Geauga Recovery Centers, Inc. our board members work diligently to ensure the legal and fiduciary responsibilities of the agency.

They are devoted champions of the work we do and strive to support and promote Lake-Geauga Recovery Centers at every turn. We honor and thank them for their unselfish dedication of time and talent to our agency.

Tom Leininger

Richard Byrd

Van Carson

Maryann Correnti

Abby DeLaMotte

Tammey DeVicchio

Stu Eilers

William Horvath

Tony Kuhn

Dan Laux

John Lewis

Dale Puruczky

Tim Small

Arlie Spargur

Joseph Spiccia



SPECIAL THANKS

We wish to extend a special thanks to the Lake County Alcohol, Drug Addiction and Mental Health Services Board, the Geauga County Board of Mental Health and Recovery Services, United Way of Lake and Geauga Counties and the Ohio Mental Health and Addiction Services for their significant collaborative and financial assistance.





MENTOR

Outpatient and Administrative
9083 Mentor Avenue | Mentor, OH 44060

CHARDON

Outpatient and Prevention
209 Center Street, Unit E | Chardon, OH 44024

PAINESVILLE

Outpatient
134 S. St. Clair Street | Painesville, OH 44077

OAK HOUSE

Women's Residential Treatment
800 Oak Street | Painesville, OH 44077

LAKE HOUSE

Men's Residential Treatment
796 Oak Street | Painesville, OH 44077

NEVAEH RIDGE

Supportive Housing for Women
9652 Old Johnnycake Ridge Road | Mentor, OH 44060

WATER STREET

Recovery House for Men
114 Water Street | Chardon, OH 44024

BILL HORVATH HOUSE

Recovery House for Men
42 E. Jackson Street | Painesville, OH 44077

NOWLEN MANOR

Recovery House for Women
8441 Nowlen Street | Mentor, OH 44060

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