



2015 Annual Report

# A Word from our President and CEO

Hope Starts Here at Lake-Geauga Recovery Centers and we are pleased to offer you our 2015 annual report. This was another exceptional year at Lake-Geauga Recovery Centers. Providing direct services to over 1,820 new individuals across all programs, as well as the countless numbers impacted by our broad reaching prevention efforts, the agency continues to inspire individuals and families, offering the message of hope and recovery.

Growth was on target for the agency with the opening of our third outpatient office in Painesville. This significantly improved our consumer's access to services. Celebrating the precious birth of the 9th drug-free baby born to residents of Oak House and Neveah Ridge is priceless. We are grateful to our friends at Crossroads whose continued collaboration has enabled us to provide the supportive housing and outpatient treatment services for pregnant women at Neveah Ridge.

As the heroin epidemic has persisted, we continued our collaborations with Lake Health Urgent Care as well as Lake County Adult Probation to provide Ambulatory Detox and Medication Assisted Treatment as part of our Opiate Recovery Program.

The theme of Recovery is Beautiful is no better evidenced than in Lake-Geauga Recovery Centers' Alumni Association. The group's energy and commitment culminated in three successful and fun events that clearly exemplifies the joy of recovery.



We plan to continue this momentum of growth, expansion of high quality services and celebrating recovery into FY2016 with the building of the new Oak House for women, and the opening of three Level II Recovery Houses in Lake and Geauga Counties.

We'd like to recognize and thank those who have contributed to our on-going success and growth...our Board of Directors, our staff, donors and the numerous community stakeholders who believe in the work we do. Your support of our mission is vital in helping us to provide life-changing programs to the people we serve. We are sincerely thankful to each and every one of you and look forward to our continued partnership in the coming year.

Melanie Blasko  
President & CEO

## **Mission Statement**

To promote lifelong recovery from addiction through education, prevention, and treatment regardless of ability to pay.

## **Vision Statement**

Lake-Geauga Recovery Centers aspires to provide premier behavioral healthcare services. We strive for excellence through proven practices and for leadership in partnering with community organizations to work towards an addiction-free society.

## **Core Values Statement**

These five core values serve as the principles that guide our intentions and our actions.

### **Client-Centered**

*By this we mean...*

- Clients' needs are our first responsibility.
- We nurture, inspire, and motivate—respectfully and unconditionally—our clients to reach their full potential.
- We are committed to clients' confidentiality and anonymity.

### **Community-Oriented**

*By this we mean...*

- We believe the pursuit of our mission is enhanced by educating the community regarding our clients' needs and our services.
- We seek to be "good neighbors" by strengthening the welfare of the communities in which we serve.
- We work collaboratively with other organizations to meet the needs of our clients and the community.

### **Compassion**

*By this we mean...*

- We recognize and appreciate the dignity of each individual.
- We treat people with fairness and respect.
- We create a caring, supportive environment in which people can change their lives.

### **Excellence**

*By this we mean...*

- We embrace the 12-Steps as a core component of our treatment philosophy.
- We strive to achieve the highest standards of performance, care, and quality outcomes.
- We are dedicated to advancing state-of-the-art prevention and treatment of addictive diseases.

### **Integrity**

*By this we mean...*

- We are guided by objectivity, honesty and ethical conduct.
- We are committed to our mission and hold ourselves accountable to the highest personal and professional standards.
- We value wise and efficient use of resources in providing superior services.
- We are committed to excellent stewardship of the confidence that our clients and the community invest in us.



# Helping Our Community

Since its beginning in 1971 Lake-Geauga Recovery Centers has earned a solid reputation for its effective outpatient and residential treatment programs addressing alcohol and substance abuse. Working closely with the community and social services agencies, our clients have achieved a success rate nearly twice the national average for long-term sobriety.

At every level, from prevention to residential treatment, we offer a message of hope. Our licensed, trained professionals provide support, education, and counseling to individuals, families, businesses, other service providers and the community at large.

Our goal for treatment services is to help our consumers achieve long-term recovery and an improved quality of life.

## Helping Lake & Geauga County Residents Get Their Lives Back Together

New Clients Admitted to All Programs and Services	<b>1,827</b>
Outpatient Services	<b>1,441</b>
Residential Treatment	<b>118</b>
Supportive Housing	<b>18</b>
Mike Link Driver Intervention Program	<b>98</b>
Geauga Jail Treatment Program	<b>152</b>



# Programs and Services

## **Supportive Housing**

The Center offers supportive housing in Mentor at our Nevaeh Ridge facility. Open to women ages 18 and over, Nevaeh Ridge welcomes pregnant women and those with children ages 5 and under. By providing a stable, respectful, and structured living environment free from alcohol and drugs, we hope to increase the birth rate of drug-free babies, help maintain family ties, and ultimately strengthen our community. These women and children receive specialized and enhanced services designed to meet their unique needs and help establish a solid foundation for recovery and long-term sobriety.

## **Prevention Services**

Prevention Services provide a message of hope through education programs designed to increase knowledge and understanding about the disease of addiction. These programs are provided for social, civic, business, religious, and school groups and include: 72 hour Driver Intervention Program, Drug Free Safety Programs, Community Coalitions, Alcohol and Other Drug Education & Speakers Bureau.

## **Residential Treatment Services**

Two long-term, non-medical, residential treatment facilities are located in Painesville; Lake House, an 11 bed facility for men and Oak House, a 16 bed facility for women. Offering a home-like atmosphere, they are designed to provide residents with a structured, supportive environment in which residents can develop the skills and insight necessary to achieve long-term sobriety.

## **Mike Link Driver Intervention Program**

A state certified, 72-hour driver intervention program conducted by licensed professionals, the program is primarily for first time DUI offenders as an alternative to jail as stipulated in the impaired motorist sections of the Ohio Revised Code. Individual and group counseling help participants focus on both the conviction and the problems that caused it. An individual screening helps participants distinguish between "social use" and "problem use."

## **Education Program**

This program is an intensive 8-hour program offering a positive learning experience filled with research based data. It provides education, encourages discussion, and helps participants gain awareness and understanding of the complex problem of substance use, abuse and dependency.

## **Drug-Free Workplace Services**

Comprehensive services to help employers promote a safe, drug-free work environment, and to assist them in retaining

# Programs and Services

valuable employees. Services include defining company needs; Policy Development; Pre-Employment Screening; Random Screening; Reasonable Suspicion & Post Accident Alcohol/Drug Testing; Supervisor Training; Employee Drug Education and Employee Assistance Plans. Lake-Geauga Recovery Centers is recognized as a Technical Assistance Provider by the Bureau of Workers Compensation and the Ohio Mental Health and Addiction Services.

## **Family Program**

Addiction to alcohol, other drugs or gambling is an illness that has a profound effect on both the individual and his or her family members. At Lake-Geauga Recovery Centers, we believe that the development of meaningful, supportive relationships and restoring healthy family bonds is absolutely achievable. Through our Family Program, we emphasize the importance of communication and understanding within the family, how to support each other emotionally, establishing appropriate boundaries, and learning better coping skills. The Family Program is open to spouses, partners, parents, siblings, other relatives and friends who are interested in learning about substance abuse and how it affects them.

## **Outpatient Treatment Services**

Outpatient Treatment Services are offered to those with substance abuse problems as well as family members and significant others. Our agency is uniquely designed to utilize multiple levels of group counseling, providing life-changing opportunities for individuals to drastically change their thinking, attitudes, and behaviors about their involvement with alcohol and drugs. Out-Patient Services include: Assessments, Drug Testing, Individual Counseling, Group Counseling, Dual Diagnosis Treatment and Family Treatment, Ambulatory detox, Medication Assisted Treatment, and gender specific groups.

## **Problem Gambling Services**

Lake-Geauga Recovery Centers offers prevention and education services for at risk populations. Treatment services assist problem gamblers in exploring the reasons why an individual gambles, the dynamics of continued gambling, and strategies for behavior change. Problem Gambling Services include: Outpatient Counseling, Dual-diagnosis, Education Programs, Family Group Therapy, Community Advocacy / Outreach, Information Dissemination, Professional Trainings and Prevention for at-risk populations.



## Success Stories

### Learn To Love Yourself So You Can Love Others

Roderick is a quiet, unassuming man who believes his long journey in recovery was guided by a Higher Power. Born in Jackson, Mississippi he came here as a baby along with his mother. His father left when he was very young and the lack of a father figure weighed heavily on Roderick for years.

Roderick's mother remarried and he got along well with his new step-father actually believing this was his real father. But when he was 8 his step-father was murdered during a racially motivated neighborhood scuffle and his mother was shot and seriously wounded. It was at this time Roderick learned his step-father was not his real father. His family fractured, Roderick went to live with his great grandmother and great aunt. But the violent events deeply scarred him and he began running away.

*"I learned to love myself so I can love others."*

*- Roderick*

Roderick bounced in and out of detention homes and by age 10 he was remanded to Parmadale for 3 years. During this time he discovered he had a sister living in the

south and he felt relieved to know he wasn't alone. Upon being released the 13-year old teenager returned to live with his mother.

When Roderick turned 17 he moved with his mother to Houston Texas. After a while he dropped out of school and worked for a short time but then returned to Cleveland more dependent on alcohol and marijuana than ever. He bounced from couch to couch among friends while working at various jobs and eventually met a woman, fell in love and had a baby boy. Then at age 26, Roderick tried crack cocaine.

After several years of addiction Roderick entered outpatient treatment in 1989 followed by inpatient treatment for 90 days. His mother died of cancer in 1990

## Success Stories

leaving Roderick all alone. After his inpatient treatment he moved to a ¾ recovery house and worked in a nursing home as a nursing assistant. Life began to normalize but a health issue landed Roderick in the hospital and after 8 years of sobriety, he began using cocaine again.

Then one day in March 2002 Roderick prayed to God and promised to trust and follow His guidance no matter where it took him. It was then that he was admitted to Laurelwood and first heard of Lake House. At age 43, Roderick was admitted to Lake House where he stayed for nearly four months.

Roderick recalls that once he was admitted to Lake House he realized that he wanted to get and stay sober. Everyone he met there embraced and supported him. It was through God and the unconditional acceptance and love of those at Lake House that Roderick realized he did not want to die. After leaving Lake House, Roderick relocated to Painesville and received counseling to deal with the painful loss of his mother and step-father years earlier.

In 2005 Roderick was hired at Lake House as a part-time Program Assistant, a position he has proudly held for 10 years. He quietly states, "I learned to love myself so I can love others." His message to others struggling with addiction is, "You need faith and a Higher Power. Trust that God will provide what you need and believe that there are people out there who understand what you are going through and know what you need. You are not alone."

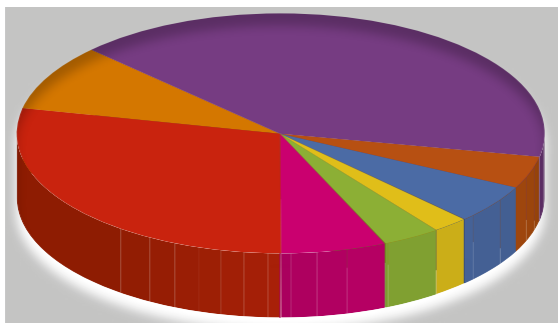




# Financial Statements

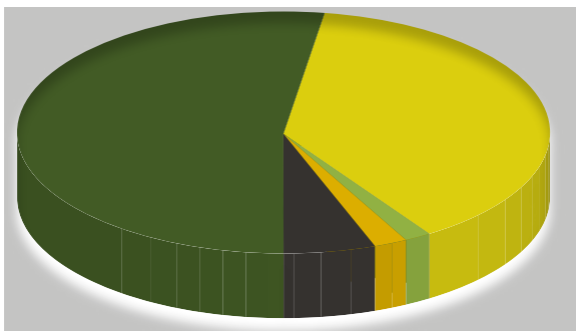
## 2015 Revenues

\$3,200,000.00



- 28.3% Lake ADAMHS Board
- 9.0% Geauga MHRHS Board
- 40.7% Medicaid
- 4.3% Fees & Insurance
- 5.3% United Way (Lake & Geauga County)
- 2.2% State Grants
- 3.5% Capital Campaign
- 6.6% Other

## 2015 Expenses



- 52.5% Outpatient Treatment
- 38.2% Residential Treatment
- 1.6% Prevention
- 2.1% Education
- 5.6% Other

# Accomplishments & Outcomes

In 2015 we proudly acknowledge the many accomplishments of our agency and clients.

- The Board of Directors unanimously approved the beginning of a Capital Campaign to build a new Oak House residential facility to serve women in recovery.
- 55% of Lake House residents and 67% of Oak House residents met all their treatment milestone targets at the time of discharge.
- One year after completing residential treatment, 66% of men and 67% of women were still sober and reported an improved quality of life (For those residents completing treatment in FY2014).
- A 3-month follow-up telephone survey of participants in the Mike Link Driver Intervention Program reported that 98% reported no further legal involvement; 80% reported a reduction in their use of mood altering substances and 90% reported making healthier decisions.
- We welcomed the 9th drug-free baby born to residents at Oak House and Nevaeh Ridge.
- In outpatient treatment, 80% of clients admitted to service met or partially met their treatment plan goals during treatment.
- 80% of clients participating in our Geauga Jail Treatment Program attained their treatment plan goals. Six months after completing the Geauga Jail Treatment Program, 64% of clients reported continuous sobriety and 80% reported no new arrests.

# Donors

We wish to extend our deepest thanks and appreciation to the following businesses and donors for their support of Lake-Geauga Recovery Centers. Their commitment to our mission is vitally important in fulfilling the work we do every day to help people achieve the recovery they seek.

We also want to recognize and extend a very special thanks to the many volunteers who donate their time to help fulfill our mission every day. Whether they are helping at our residences, our administrative offices or at special events, the donation of their time and talent is genuinely valued and appreciated.

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## WE THANK OUR BOARD OF DIRECTORS

Comprised of volunteers who care deeply about the mission of Lake-Geauga Recovery Centers, Inc., our board members work diligently to ensure the legal and fiduciary responsibilities.

They are devoted champions of the work we do and strive to support and promote Lake-Geauga Recovery Centers at every turn. We honor and thank them for their unselfish dedication of time and talent to our agency.

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by Laura, Kelly, Connie & Ginny

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by Elaine Crane

### **In Honor of The Honorable Karen Lawson**

by Elaine Crane

## Special Thanks

We wish to especially thank the Lake County Alcohol, Drug Addiction and Mental Health Services Board, the Geauga County Board of Mental Health and Recovery Services and United Way of Lake and Geauga Counties for their significant collaborative and financial assistance.





# LAKE-GEAUGA RECOVERY CENTERS

## **MENTOR**

Outpatient and Administrative  
9083 Mentor Avenue  
Mentor, OH 44060

## **CHARDON**

Outpatient and Prevention  
209 Center Street, Unit E  
Chardon, OH 44024

## **PAINESVILLE**

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134 S. St. Clair Street  
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Women's Residential Treatment  
796 Oak Street  
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## **LAKE HOUSE**

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42 E. Jackson Street  
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## **NEVAEH RIDGE**

Supportive Housing for Women  
9652 Old Johnnycake Ridge Road  
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